Cascadia Swim Meet Schedule		*(April- Aug)*					
Long Course Season 2009			**All Team**				
Month							
Date	**Meet Name**	**Type/Description**	**Where**	**Squad**	**Coach**	**Yes/No**	**Comments**
April							
May							
16	Hood River Spring Sprinter	ABC 25 Y	Hood River	all	Kim/ Amber		
30-31	CRST Big Wave Decathlon-Pent.	ABC 50 M	Gresham (Mt Hood CC)	all	Kim/ Amber		
June							
20-21	Mt Hood C Invite	C/25Y/Single Session	Gresham (Mt Hood CC)	Qualify	Amber		
18-21	Mt Hood LC AB Open	AB/50M/Split Format	Gresham (Mt Hood CC)	Qualify	Kim		
26-28	Ted Walker Invite	ABC/50M/Split Format	The Dalles	all	Kim/ Amber		
July							
11-12	OSI 10&U State LC Champs	A /50M Single Session	Albany, Or	Qualify	Kim/ Amber		
18-19	Mid Summer Madness Invite	ABC/25Y Single Session	Astoria	all	Kim/ Amber		
30-8/2	OSI 11&O State LC Champs	A /50M Prelims/ Finals	Gresham (Mt Hood CC)	Qualify	Kim		
Aug							
4-8	Western Zones	Zone/Application/50 M	Hawaii	Qualify	Zone Coaches		
7-9	Gold Coast Swim Team Open	ABC/25 Y	Coos Bay, Or	all	Kim		
	Qualify meets- must have achieved a qualifying time to swim at these meets						
	You must ask permission from your coach to swim in a meet that your squad is not going to.						
	Please turn in your meet planner ASAP.						
	Meet entries are typically sent out one month in advance if not sooner.						
	If you need to make changes to your meet planner please turn in your revised copy to your coach ASAP.						
	Please note what days you will be attending or any special circumstances (leave early or come late).						
	If a meet is more than one day and you specify "Yes" you will be entered in all days qualified.						
Comments:							