Cascad	lia Swimming Meet Plann	(April- Sept)		Name:				
Long Co	ourse Season 2017			Age:				
Month				Email:	Athlete S & T			
Date	Meet Name	Type/ Description	Where	Squad	Coach	Yes/No	Yes/No	Comments
April								
7-9	LOSC Dan Perz Open	ABC/25Y Split Format	Lake Oswego	all	Kim/Dave			
May								
5-7	Arauco Invite	ABC/50M/ plit10&U,15&O/11-14	Albany	all	Kim/Dave			
13	Hood River Spring Sprinter	ABC/25Y/Single Session	Hood River	all	Kim/Dave			
27-28	MVA LC Open	ABC/50 M/ Split Format	Albany	all	Kim/Dave			
June								
17-18	Mt Hood C Invite	C/25 Y/Single Session	Gresham (Mt Hood CC)	all	Dave			
16-18	Mt Hood LC AB Open	AB/50 M/12 & U	Gresham (Mt Hood CC)	12 & U Qualify	Kim			
23-25	Ted Walker Invitational	ABC /50M /Split Format	The Dalles	all	Kim			
30-2	THSC Summer Classic	ABC /50M /Split Format	Beaverton	all	Kim/Dave			
July								
7-9	RACE Jay Rowen Memorial Open	ABC /25M/Single Session	Redmond	all	Kim			back up
15-16	OSI 10 & U State LC Champs	A/50 M/ Single Session	Beaverton	10 & U Qualify	Kim			
22-23	MVA End of Summer Finally	ABC /25 Y/Split Format	Woodburn	all	Kim/Dave			
27-30	OSI 11 & O State LC Champs	A/50 M/ Prelims/ Finals	Gresham (Mt Hood CC)	11 & O Qualify	Kim			
Aug								
4-6	GCST Big Kahuna Open	ABC/25 Y/ Single Session	Coos Bay	all	Kim/Dave			
11-13	Bend Invite	ABC/25 Y/ Split Session	Bend	all	Kim/Dave			
18-20	Scott Poore Memorial	ABC/25 Y/ Single Session	North Bend	all	Kim			back up
Short Co	ourse Fall Preview	Dates are tenative						
Oct								
13-15	LOSC Fall Open		Lake Oswego					
20-22	CST Harvest Open		Newberg					
Nov								
11-12	OC Fall Sprinter		Oregon City					
18-19	Fall Chinook Open		Astoria					
Dec						ļ		
9-10	TTSC Holiday Invite		Tualatin					
23	Animal Meet Jr/Sr		Canby					