

Cascadia Swimming
CS: Kim Hay 503-655-7939

Individual Meet Results

2010 Howard Jones Memorial Long Course Meet 17-Jun-10 to 20-Jun-10 LC Meters

Location: MHAC -Gresham, Oregon

Cascadia Swimming [CS-OR]

| Time | F/P/S | Event | Place | Points | Improv |
|---------------------------------|--------------|-----------------------------|--------------|---------------|---------------|
| Douglas, Lisa (12) G | | | | | |
| 6:12.88L | F # 3 | Girls 12 & Under 400 Free | 41 | --- | --- |
| 35.46L | F # 11 | Girls 11-12 50 Free | 37 | --- | 0.47 |
| 3:23.00L | F # 15 | Girls 11-12 200 IM | 52 | --- | 5.26 |
| 2:53.34L | F # 41 | Girls 11-12 200 Free | 65 | --- | -2.45 |
| 42.08L | F # 45 | Girls 11-12 50 Back | 62 | --- | -0.65 |
| 1:40.71L | F # 49 | Girls 11-12 100 Breast | 42 | --- | 0.42 |
| 1:31.49L | F # 77 | Girls 11-12 100 Back | 51 | --- | -24.55 |
| 1:19.52L | F # 81 | Girls 11-12 100 Free | 54 | --- | 0.51 |
| 46.25L | F # 85 | Girls 11-12 50 Breast | 27 | --- | 0.79 |
| James, April E (10) G | | | | | |
| 4:05.48L | F # 39 | Girls 10 & Under 200 Free | 66 | --- | --- |
| 56.53L | F # 43 | Girls 10 & Under 50 Back | 80 | --- | --- |
| 1:49.95L | F # 47 | Girls 10 & Under 100 Breast | 16 | --- | --- |
| 2:05.29L | F # 75 | Girls 10 & Under 100 Back | 56 | --- | --- |
| 1:47.55L | F # 79 | Girls 10 & Under 100 Free | 72 | --- | --- |
| 51.80L | F # 83 | Girls 10 & Under 50 Breast | 13 | --- | --- |
| Karyukin, Artyom D (9) B | | | | | |
| NS | F # 10 | Boys 10 & Under 50 Free | --- | --- | --- |
| NS | F # 14 | Boys 10 & Under 200 IM | --- | --- | --- |
| 3:52.13L | F # 40 | Boys 10 & Under 200 Free | 51 | --- | -38.70 |
| 57.18L | F # 44 | Boys 10 & Under 50 Back | 62 | --- | -3.72 |
| 2:20.18L | F # 48 | Boys 10 & Under 100 Breast | 51 | --- | -26.89 |
| 2:03.35L | F # 76 | Boys 10 & Under 100 Back | 36 | --- | 5.87 |
| 1:50.11L | F # 80 | Boys 10 & Under 100 Free | 52 | --- | -17.36 |
| 1:05.98L | F # 84 | Boys 10 & Under 50 Breast | 34 | --- | -15.82 |
| O'Hara, Katie R (12) G | | | | | |
| 2:48.69L | F # 41 | Girls 11-12 200 Free | 51 | --- | -3.66 |
| 43.19L | F # 45 | Girls 11-12 50 Back | 71 | --- | -0.19 |
| 1:39.27L | F # 49 | Girls 11-12 100 Breast | 37 | --- | 3.34 |
| 1:13.94L | F # 51 | 400 Free Relay Lead Off | --- | --- | 1.21 |
| 37.36L | F # 73 | Girls 11-12 50 Fly | 23 | --- | 2.80 |
| 1:14.04L | F # 81 | Girls 11-12 100 Free | 25 | --- | 1.31 |
| 45.95L | F # 85 | Girls 11-12 50 Breast | 24 | --- | 3.47 |
| Parker, Johanna C (10) G | | | | | |
| 1:51.29L | F # 5 | Girls 10 & Under 100 Fly | 26 | --- | 0.45 |
| 38.62L | F # 9 | Girls 10 & Under 50 Free | 35 | --- | 0.12 |
| 3:40.59L | F # 13 | Girls 10 & Under 200 IM | 33 | --- | 6.44 |
| 3:06.76L | F # 39 | Girls 10 & Under 200 Free | 31 | --- | -1.51 |
| 47.43L | F # 43 | Girls 10 & Under 50 Back | 42 | --- | 1.47 |
| 2:05.24L | F # 47 | Girls 10 & Under 100 Breast | 55 | --- | -3.80 |
| 51.07L | F # 71 | Girls 10 & Under 50 Fly | 43 | --- | 5.65 |
| 1:36.40L | F # 75 | Girls 10 & Under 100 Back | 15 | --- | 0.27 |
| 1:25.71L | F # 79 | Girls 10 & Under 100 Free | 29 | --- | -4.21 |

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|---------------------------------|--------------|-----------------------------|--------------|---------------|---------------|
| Parker, Tristan V (10) G | | | | | |
| 2:03.42L | F # 5 | Girls 10 & Under 100 Fly | 42 | --- | --- |
| 43.93L | F # 9 | Girls 10 & Under 50 Free | 64 | --- | 2.16 |
| 3:54.42L | F # 13 | Girls 10 & Under 200 IM | 51 | --- | --- |
| 3:29.26L | F # 39 | Girls 10 & Under 200 Free | 55 | --- | -13.72 |
| 47.72L | F # 43 | Girls 10 & Under 50 Back | 44 | --- | -4.77 |
| 2:13.60L | F # 47 | Girls 10 & Under 100 Breast | 73 | --- | -5.96 |
| 1:40.72L | F # 69 | 400 Medley Relay Lead Off | --- | --- | 0.80 |
| 56.68L | F # 71 | Girls 10 & Under 50 Fly | 59 | --- | 0.90 |
| 1:38.87L | F # 75 | Girls 10 & Under 100 Back | 22 | --- | -1.05 |
| 1:31.42L | F # 79 | Girls 10 & Under 100 Free | 45 | --- | -8.67 |
| Rinehart, Jake K (8) B | | | | | |
| NS | F # 10 | Boys 10 & Under 50 Free | --- | --- | --- |
| 58.23L | F # 44 | Boys 10 & Under 50 Back | 63 | --- | -4.35 |
| 1:00.08L | F # 72 | Boys 10 & Under 50 Fly | 39 | --- | -1.05 |
| 1:43.42L | F # 80 | Boys 10 & Under 100 Free | 49 | --- | -15.89 |
| 1:05.79L | F # 84 | Boys 10 & Under 50 Breast | 33 | --- | -18.74 |
| 42.48L | T # 312 | Boys Open 50 Free | 1 | --- | -2.05 |
| Rodgers, Annie K (10) G | | | | | |
| NS | F # 75 | Girls 10 & Under 100 Back | --- | --- | --- |
| NS | F # 79 | Girls 10 & Under 100 Free | --- | --- | --- |
| NS | F # 83 | Girls 10 & Under 50 Breast | --- | --- | --- |