

OREGON SWIMMING, INC.
2011 SPEEDO LONG COURSE 10 & UNDER CHAMPIONSHIPS
JULY 16-17, 2011

HELD UNDER THE SANCTION OF UNITED STATES SWIMMING, INC.

- Sanction Number:** 11-061
- Meet Referee:** Margaret McMillan, 503-620-9425, mcmillan.or@gmail.com
- Sponsors:** Bend Swim Club and Oregon Swimming, Inc.
- Location:** Juniper Swim Center, 800 NE 6th St, Bend, OR 97701. Phone 541-389-7665
- Directions:** Follow Hwy 97 (3rd St) south to Greenwood Ave. Turn left. Drive 3 blocks to 6th St. Turn right. Follow 6th St. to Juniper Park. The pool is located at the north end of Juniper Park.
- Facility:** Indoor 8-lane 50 meter pool, depth 7.5 ft. – 4 ft. Starting blocks at deep end. The competition course has not been certified in accordance with 104.2.2C(4). Daktronics timing system. Seating for spectator will be on the west side of the pool on deck and in the park. There will be transitional seating in bleachers on the northwest side of the pool on deck. Concessions stand for will be open the duration of the meet on both Saturday and Sunday. East side of pool and behind starting blocks will be limited to coaches, officials and swimmers.
- Restrictions:** Alcoholic beverages, tobacco products of any kind, and glass containers are not allowed in the swimming venue, on the grounds, or in the parking areas. Body shaving is not permitted in the swimming venue.
- Deck Access:** Coaches and officials must display appropriate 2011 USA Swimming membership credentials at all times while on deck. Spectators and parents are restricted to the designated areas.
- Rules:** Current USA Swimming Rules and Regulations will govern. Oregon Swimming Scratch Rules, Safety Guidelines and Warm-up Procedures will apply (page 57-58 2011 OSI Swim Guide). When a conflict between this meet information and the OSI Swim Guide are determined, the OSI Swim Guide will prevail and will be posted on the Oregon Swimming Website.
- Format:** This is a timed finals meet.
- Eligibility:** Swimmers must be currently registered with USA Swimming/Oregon Swimming. Swimmers age on first day of meet applies. Qualifying times must have been achieved from July 1, 2010 thru the entry deadline for this meet. If the qualifying time is not achieved by the athlete during the event swum at the meet, and proof of a qualifying time is not in the OSI database, appropriate proof of the qualifying time swum must be forwarded to the OSI office within 10 days after the notification from the office. Failure to prove a qualifying time will result in a *\$100 non qualifying fine* from OSI.
No on deck registration will be available. .
- Time Schedule:** Saturday - Warm-ups 12 Noon to 1:15 PM. Timed Finals begin at 1:30 PM.
Sunday - Warm-ups 8:30 AM to 9:45 AM. Timed Finals begin at 10:00 AM.
- Entry Limits:** Maximum of **five individual events per day**, but **not more than six for the meet**. In addition to this, a swimmer may swim on **two relays** on each day of competition.
- Entry Deadline:** Entries must be received by **Noon (12PM), TUESDAY, JULY 5, 2011.**

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- Entries:** Teams with Hy-tek or Team Unify capability should e mail a Commlink entry file (cfile01.c12) and pdf of meet entry report. Mail a hard copy of the meet entry fee report and payment to the entry address listed below. Enter personal best time achieved in the qualifying period. Seeding shall be Long Course Meters (LCM), Short Course Meters (SCM), and then Short Course Yards (SCY). DO NOT CONVERT TIMES. NON-QUALIFYING TIMES AND LATE ENTRIES WILL NOT BE ACCEPTED. NEW TIMES achieved between July 5 - July 10, 2011 will be accepted until NOON (12:00PM) Monday July 11, 2011 by sending an E-mail to office@oregonswimming.org. Previously entered times cannot be updated. Received E-mails will be acknowledged by 1:30 PM Monday. Hy-tek Meet Manager 3 Software will be used.
- Swimmers with disabilities are encouraged to enter the meet. If accommodations are required it is the coach's responsibility to notify the Meet Director and/or Meet Referee prior to entry deadline. If the meet has time standards, contact the Disability Chair for the appropriate time standard to be used.
- Relays:** "Relay only" swimmers must be entered in the meet and the surcharge paid. Names for relays can be submitted on the Hy-tek entry file or submitted on relay entry forms provided at the meet.
- Meet Results:** A Hy-Tek CommLink file and an HTML file will be posted on the Oregon Swimming website in the results section.
- Entry Fees:** \$10.00 Surcharge per swimmer.
\$2.50 per individual event.
\$10.00 per relay event.
Make checks payable to Oregon Swimming, Inc. **FEES MUST ACCOMPANY ENTRIES.**
- Entry Address:** Oregon Swimming: e-mail: office@oregonswimming.org
1750 SW Skyline Blvd #103
Portland OR 97221
- Meet Director:** Dave Souther 541-480-4006
- Awards:** Individual events: 1st thru 8th place, Medals
9th thru 16th place, Ribbons
Relay events: 1st thru 3rd place, Medals
4th thru 8th place, Ribbons
- Bull Pen:** A bull-pen will be used for 8 & Under individual events only.
- Breaks:** At the discretion of the Meet Referee, and dependent on the number of entries, breaks will be scheduled to provide adequate rest for the athletes.
- Meetings:** Officials Meetings: 12:15 PM Saturday, 8:45 AM Sunday.
Coaches Meeting: 1:15 PM Saturday, others to be announced when and if needed.
- Timers:** Each club is requested to appoint a timers' representative who will report to the head timer 30 minutes prior to the beginning of each session with a list of volunteer timers from their club. Clubs will be assigned timing responsibilities based on the number of swimmers entered.
- Officials:** Certified officials are welcome. Please contact the referee or the Oregon Swimming office (503-297-6027), office@oregonswimming.org if you plan to officiate at this meet.
- Hospitality:** Officials and coaches are invited to enjoy the hospitality provided by Bend Swim Club parents.

2011 OREGON SWIMMING SPEEDO LONG COURSE 10 & UNDER CHAMPIONSHIPS (PAGE 3)**SCHEDULE OF EVENTS - SATURDAY JULY 16, 2011**

GIRLS					BOYS					
EV#	LCM	SCM	SCY	EVENT	LCM	SCM	SCY	EV#		
1	3:20.99	3:19.59	3:01.59	9 200 Freestyle	3:26.79	3:22.09	3:03.89	2		
3	2:58.99	2:56.69	2:40.59	10 200 Freestyle	2:58.89	2:56.69	2:40.59	4		
5	3:09.49	2:56.99	2:40.99	10&U 200 Medley Relay	3:08.59	3:03.89	2:47.39	6		
7	1:04.19	1:01.29	56.69	8&U 50 Breaststroke	1:05.39	1:04.49	58.69	8		
9	57.19	52.49	47.69	9 50 Breaststroke	59.29	54.99	49.99	10		
11	49.29	47.99	43.69	10 50 Breaststroke	48.59	49.49	44.99	12		
13	2:02.69	2:00.99	1:49.99	9 100 Butterfly	2:05.99	2:00.99	1:49.99	14		
15	1:46.99	1:41.29	1:32.09	10 100 Butterfly	1:47.69	1:43.99	1:34.09	16		
17	55.19	54.99	49.49	8&U 50 Backstroke	56.49	55.99	50.99	18		
19	49.89	46.89	42.69	9 50 Backstroke	50.09	48.29	43.89	20		
21	43.99	43.09	38.99	10 50 Backstroke	44.99	43.89	39.89	22		
23	1:47.59	1:40.09	1:30.99	8&U 100 Freestyle	1:49.39	1:44.39	1:34.99	24		
25	2:42.99	2:35.89	2:21.79	10&U 200 Freestyle Relay	2:42.99	2:39.69	2:25.19	26		

SCHEDULE OF EVENTS - SUN DAY JULY 17, 2011

GIRLS					BOYS				
EV#	LCM	SCM	SCY	EVENT	LCM	SCM	SCY	EV#	
27	4:00.00	3:18.00	3:00.00	8&U 200 Free Relay	4:00.00	3:18.00	3:00.00	28	
29	3:53.99	3:42.19	3:21.99	9 200 I.M.	3:53.99	3:43.19	3:21.99	30	
31	3:23.19	3:16.59	2:58.69	10 200 I.M.	3:22.19	3:20.39	3:02.09	32	
33	45.99	43.99	39.99	8&U 50 Freestyle	46.89	45.09	40.99	34	
35	41.79	39.59	35.99	9 50 Freestyle	42.19	39.59	35.99	36	
37	36.49	35.89	32.69	10 50 Freestyle	36.39	36.39	32.99	38	
39	1:49.99	1:42.69	1:33.29	9 100 Backstroke	1:50.99	1:46.89	1:36.99	40	
41	1:35.89	1:32.09	1:23.79	10 100 Backstroke	1:35.79	1:37.89	1:28.99	42	
43	1:00.59	59.59	54.29	8&U 50 Butterfly	1:06.19	1:04.59	58.79	44	
45	51.89	48.39	43.99	9 50 Butterfly	53.29	50.59	45.99	46	
47	42.59	42.89	38.99	10 50 Butterfly	43.89	42.89	38.99	48	
49	2:03.29	1:58.79	1:47.99	9 100 Breaststroke	2:05.29	1:58.79	1:47.99	50	
51	1:49.29	1:45.29	1:35.69	10 100 Breaststroke	1:49.79	1:47.39	1:37.59	52	
53	1:34.89	1:29.79	1:21.69	9 100 Freestyle	1:35.19	1:32.19	1:23.89	54	
55	1:22.19	1:20.19	1:12.89	10 100 Freestyle	1:21.49	1:22.39	1:14.89	56	
57	5:00.00	4:24.00	4:00.00	8&U 200 Medley Relay	5:00.00	4:24.00	4:00.00	58	

JULY 16-17, 2011 - BEND, OREGON

ENTRY SUMMARY SHEET - TEAM NAME: _____

ENTRY DEADLINE - 12:00 PM, TUESDAY, July 5, 2011

	Number of Athletes	Fee	Total
TOTAL for Surcharge		\$10.00	\$
TOTAL for Individual Events		\$2.50	\$
TOTAL for relays		\$10.00	\$
GRAND TOTAL*			\$

*PLEASE ENCLOSE **ONE** CHECK, PAYABLE TO OREGON SWIMMING, INC

WRITE YOUR TEAM NAME AT THE TOP OF THIS PAGE.

THE FOLLOWING STATEMENT MUST BE SIGNED BY THE COACH OR A TEAM REPRESENTATIVE.

I HAVE READ THE MEET INFORMATION AND ATTEST THAT ALL SWIMMERS AND COACHES ATTENDING THE MEET ARE MEMBERS OF UNITED STATES SWIMMING, INC.

Signature of Coach/Team Representative

Date

Phone

LAST CHANCE CHECKLIST

- [] Have you carefully read this meet information and familiarized yourself with all provisions and instructions?
- [] Are you sure all coaches and athletes are currently registered?
- [] **If mailing entries by next day service, have you specified "NO SIGNATURE REQUIRED?"**
- [] Have you forwarded the correct amount of money with your entries (or separately if submitting by email)?
- [] Are "relay only" swimmers you are bringing to the meet entered in the meet?
- [] Have you cleared all "proof of time" fines from previous OSI Championships?