

Cascadia Swimming Short Course Season 2009-10

March							
4-7	OSI Senior State	Qualify /25Y	Qualify	Gresham	Kim		
6-7	NCSC Eggstravaganza	ABC/25Y Single Session	All	Astoria	Kim/Amber		
19-21	NW AG Sectionals	Qualify /25Y	Qualify	Federal Way, WA	Kim		
April							
16-18	LOSC Challenge Open	ABC/25Y Single Session	All	LO Pool	Kim/Amber		
30-5/2	Weyerhaeuser Invitational	ABC/50M Split Format	All	Albany	Kim/Amber		

Qualify meets- must have achieved a qualifying time to swim at these meets

Please turn in your meet planner ASAP.

Meet entries are typically sent out one month in advance if not sooner.

If you need to make changes to your meet planner please turn in your revised copy to your coach ASAP.

Please note what days you will be attending or any special circumstances (leave early or come late).

If a meet is more than one day and you specify "Yes" you will be entered in all days qualified.

Last Name:	First:	M.I.:	Age:
Phone #:	Squad:	D.O.B.:	
Parent's Name:		e-mail:	
Comments:			

Date turned in:	Date Revised:
Coaches Initials:	Coaches Initials:
Date Coach returned:	Date Coach returned:
Date Revised:	
Coaches Initials:	
Date Coach returned:	