CANBY GATORS SWIM CLUB

**2017 CANBY GATORS ANIMAL & JR ANIMAL MEET**

DECEMBER 16, 2017

AGE GROUP COMPETITION

***HELD UNDER THE SANCTION OF USA SWIMMING***

**Sanction No**. 17-160
In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**Eligibility:** Swimmers must be currently registered with USA Swimming. NO ON-DECK REGISTRATION SHALL BE PERMITED.

**Host**: CANBY GATORS SWIM CLUB

**Location**: CANBY MUNICIPAL POOL

 1150 S Ivy Street

Canby, OR 97013

Pool Phone: (503) 266-2761

**Facility**: Indoor, 25 yards long, 6 lanes with non-turbulent lane lines. Pool depth is 3.5 to 10 feet. The starting blocks are located at the deep end. Facility is accessible to adaptive swimmers. Timing is done with Colorado 6 electronic timing system. Open pool deck areas available for swimmers, coaches and officials only. The competition course has been certified in accordance with 104.2.2(c) 4. A copy of such certification is on file with USA Swimming.

Parking is available in the pool parking lot and in the school parking lots adjacent to the pool. Swim venue includes: Men's and Women's locker rooms with access onto the pool deck. Open pool deck areas available for swimmers, coaches and officials only. Facility is accessible to adaptive swimmers.

**Referee** John Haring: (503) 951-9665

**Meet Director** Teresa Steinbock: teresasteinbock@gmail.com (503) 267-6319

**Entries**: Please submit a Hytek entry file to teresasteinbock@gmail.com. Submit YARD TIMES ONLY. With the submission of entries, the coaches/team representative attests that all swimmers entered are registered with USA Swimming.

**Entry Events:** **All swimmers must enter all three (3) events of their age appropriate track.**

**Meet Format:** All events will be swum mixed gender as timed finals.

**Entry Fees**: **$26.00 per swimmer**

Thisincludes $3 OSI Surcharge Fee

 $6 OSI Splash Fee ($2 per splash)

 Animal Meet T-Shirt ($17)

Entry fees must be paid before the start of the meet**.** Please make checks payable to Canby Swim Club (CSC) and send to:

 *Canby Swim Club*

 *Animal Meet Entries*

 *Attn: Teresa Steinbock*

 *PO Box 21*

 *CANBY, OR 97013*

**Entry Deadline**: Entries must be received no later than 6pm on **Monday, Nov 27, 2017**. E-mail entries are accepted by not finalized until payment is received.

**No Coach Present:** For unattached swimmers, or swimmers whose coach is not attending the meet, ***it is the team/swimmers responsibility to arrange for a certified coach to be responsible for the swimmer before arriving at the meet.*** If assistance is needed, please see the Meet Director or the Meet Referee.

**Schedule:** Warm-ups Competition

 Saturday 9:00-10:15 10:30am

|  |  |
| --- | --- |
|  | **Order of Events**  |
| **1** | **12 & under 200 IM** |
| **2** | **13 & over 400 IM** |
| **3** | **12 & under 100 Fly** |
| **4** | **13 & over 200 Fly** |
| **5** | **12 & under 500 Free** |
| **6** | **13 & over 1000 Free** |

**Check-in:** **Positive check-in will be in effect. Check-in must be completed by 9:15**

**Scoring:** Placement will be determined by summing the times of the swimmer’s 3 races. Disqualifications and No Shows will disqualify the swimmer for an award.

**Awards:** Awards will be given for combined lowest individual time over the 3 races, male and female, by age group: 10 & under, 11-12, 13-14, 15 & over. Top 2 finishers by age group will receive an award. Presentation of awards will be at the conclusion of the meet as soon as final results are available. Coaches are asked to have those swimmers stay for the presentation.

**Meeting**: Officials meeting will be held at 45 minutes prior to the start of the meet. Coaches meeting will be held 15 minutes prior to the start of the meet.

**Rules:** Current USA Swimming and Oregon Swimming Inc., rules will govern this meet. Note: The no recall rule will be in effect. Swimmers will receive whistle commands to stand behind the blocks, and to step on the blocks or to step in the pool at which time the referee will signal to the starter to tell the swimmers to take their mark. Heats may be doubled or combined to ensure timely completion of the meet. All events will be ran slowest seed to fastest except for the 500’s and 1000’s, they will be seeded fastest to slowest. Warm-up breaks will be scheduled before distance events at the Referee’s discretion.

**Safety:** Current Oregon Swimming Inc. Safety Guidelines and Warm-up Procedures will be in effect as applicable and strictly enforced. SEE ENCLOSURE FOR OSI SAFETY PROCEDURES. Also, any swimmer entered in the meet must be certified by a USA swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**Restrictions:** TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks during the start of a race or relay exchange. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Officials**: We always need and appreciate the help of certified officials and trainees from participating teams. If you are going to be attending this meet please notify the meet director. Please check in with the meet referee upon arrival. A hospitality tent will be provided for coaches and deck officials.

 **Timers:** Each team will be given lane timing assignments and **MUST SUPPLY TIMERS.** Please have your team parents sign up on the timing sign-up sheets located behind the starting blocks. A lack of lane timers will cause delay at the very least. **Each swimmer MUST SUPPLY a WATCH TIMER and a LAP COUNTER for the 500’s and 1000’s.**

**Hospitality:** A hospitality area will be provided for Officials and Coaches. An ample supply of Breakfast, Lunch, and Snack selections will be available throughout the meet.

**Concessions:** An ample assortment of refreshments will be available for purchase throughout the meet. Foods will include nutritious hot items as well as breads, fruits, snacks, water, and sports drinks

SECTION IX – SAFETY GUIDELINES AND WARM-UP PROCEDURES

* **WARM-UP PROCEDURES**
* GENERAL WARM-UP (First 30-45 minutes)
* NO DIVING or BACKSTROKE STARTS allowed from the blocks or edge of pool. Swimmers must enter the pool feet first in a cautious manner, with at least one hand in contact with the pool deck or gutter.
* No sprinting (racing starts) allowed during this general warm-up session.
* All lanes to be used for general warm-ups.
* SPECIFIC WARM-UPS (last15 minutes)

*RECOMMENDED LANE USE*

|  |  |  |  |
| --- | --- | --- | --- |
| **POOL** | **PUSH/PACE** | **RACING STARTS** | **GENERAL WARM-UPS** |
| 6 LANE | 1 & 6 | 2 & 5 | 3 & 4 |
| 8 LANE | 1 & 8 | 2 & 7 | 3,4,5, & 6 |
| 9 LANE | 1 & 9 | 2 & 8 | 3,4,5,6, & 7 |
| 10 LANE | 1 & 10 | 2 & 9 | 3,4,5,6,7, & 8 |

(a) Push/Pace Lanes- Push off one or two lengths from the starting end. Circle swimming only. No diving or backstroke starts.

(b) Racing Starts – Only designated lanes for racing starts from the blocks or for Backstroke starts at specified times.

(c) General Warm-up Lanes- NO DIVING or BACKSTROKE STARTS. Circle swimming only.

* **SAFETY GUIDELINES**
* COACHES RESPONSIBILITIES
* Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
* Coaches shall actively supervise their swimmers at meets and at all practices.
* HOST TEAM RESPONSIBILITIES
* Marshalling - A minimum of (4) Marshals, who report to, and receive instructions from the Meet Referee and/or Meet Director, shall be on deck during the entire warm-up session and any warm-up breaks to enforce these Safety Guidelines and Warm-up Procedure.
* Host teams shall post signs at each lane at both ends of pool, which indicate the designated use during warm-ups.
* Warm-up times and lane assignments shall be posted at several locations around the pool.
* The following statement shall appear in the meet information:” Oregon Swimming Safety Guidelines and Warm-up procedures will be in effect at this meet.”
* An announcer shall be on duty for the entire warm-up session to announce lane and /or time changes and to assist with the conduct of the warm-up.
* Hazards in locker rooms, on the deck area, or in areas used by coaches, swimmers, spectators or officials shall be removed or clearly marked.
* MISCELLANEOUS
* Use of hand paddles and other training devices during warm-ups is at the meet referee’s discretion.
* Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step on the block if there is a backstroker waiting to start.
* Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time.
* Warm-up procedures shall be enforced for any breaks scheduled during the meet.
* Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

**NOTE:** Host clubs may, with the consent of the Meet Director and/or the Meet Referee, modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other factors, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

UNATTACHED SWIMMERS FORM

PLEASE COMPLETE THIS FORM FOR ALL UNATTACHED SWIMMERS PARTICIPATING

MEET: DATE:

|  |  |  |  |
| --- | --- | --- | --- |
|  | NAME | AGE | SWIMMING WITH ( CLUB ) |
| 1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |
| 4. |  |  |  |
| 5. |  |  |  |
| 6. |  |  |  |
| 7. |  |  |  |
| 8. |  |  |  |
| 9. |  |  |  |
| 10. |  |  |  |
| 11. |  |  |  |
| 12. |  |  |  |
| 13. |  |  |  |