

Tigard Tualatin Swim Club

2017 Holiday Invitational

A/B/C Meet – December 8-10, 2017

HELD UNDER THE SANCTION OF USA SWIMMING

SANCTION #'S: 17-150 (12 & Under); 17-151 (Open, 13 & Over)

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

HOST: Tigard Tualatin Swim Club
FACILITY: Tualatin Swim Center
22300 SW Boones Ferry Road
Tualatin, Oregon 97062

ELGIBILITY: Swimmers must be currently registered with USA Swimming. NO ON DECK REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of the first day of the meet.

ENTRY DEADLINE: Entries must be received no later than 5:00pm on November 26, 2017. NO LATE ENTRIES SHALL BE PERMITTED FOR EITHER SESSION. Entries will be processed in the order that they are received by the clerk of course on a first come basis.

ENTRY LIMIT: All swimmers may enter a maximum of 7 individual events during the meet not to exceed 3 in one day, excluding relays. The swimmer limit for the morning session is 210.

MEET SPECIFICS: Friday night: Positive check-in is required for the 400 Yard IM and 500 Yard Freestyle, as they will be deck seeded. The 400 Yard IM will be limited to the fastest 30 swimmers of each gender and swum fastest to slowest and alternating girls' and boys' heats. The 500 Yard Freestyle will be limited to the fastest 40 swimmers of each gender and will also be swum fastest to slowest alternating girls' and boys' heats. All swimmers on Friday evening will need to provide their own timers and counters.

Friday night and both afternoon sessions will run 6 lanes. Lane 7 will remain empty and lane 8 will be open throughout the session for warm-up and cool down. The referee will have the option to run up to 8 lanes for the 1650 Yard Freestyle. The morning sessions will be swum in all 8 lanes.

Positive check-in will be required for the 1650 Yard Freestyle, as it will be deck seeded. The 1650 Yard Freestyle will be limited to the fastest 24 swimmers of each gender and will be swum fastest to slowest, alternating girl's and boy's heats. All 1650 Yard Freestyle swimmers need to provide their own timers and counters.

The Meet Referee has the option of removing the relays out of the morning sessions to comply with the 4-hour rule.

ENTRY FEES: \$3.00 Oregon Swimming surcharge per swimmer
\$3.00 Individual event fee
\$10.00 Relay entry fee
\$5.00 Facilities Fee per swimmer

Entry fees must accompany master entry form. Please make checks payable to TTSC (Tigard Tualatin Swim Club) and enclose one check for your entire team entry.
COACHES: HY-TEK FILE FOR TEAM MANAGER IS AVAILABLE AT OUR WEBSITE
<http://www.ttsc.org>.

ENTRY ADDRESS: Lori Janetsky
22550 SW 93rd Terrace
Tualatin, OR 97062
Lhjanetsky@gmail.com
503-704-8797

ENTRIES:

1. Submit YARD TIMES only for seeding.
2. Submit Hy-Tek entries via e-mail. Please include a pdf or doc copy of the swimmer entries with it. The Hy-Tek program should be able to create this. If necessary, entries submitted by disk with printed out swimmer entries via mail is still accepted.
3. Complete the enclosed master entry forms using yard times for each event. Enter relay times on relay forms.
4. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming, Inc.
5. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When accompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

NO COACH PRESENT:

For unattached swimmers, or swimmers whose coach is not attending the meet, it is the swimmer's responsibility to arrange for a certified coach to be responsible for the swimmer. This must be done BEFORE the swimmer may enter the water for warm-ups or competition. Please see the Meet Director or the Meet Referee if assistance is needed upon arrival at the meet.

FACILITY:

Short course indoor 25-yard pool, eight 7 feet wide lanes, 12-inch pool markings, 3 feet to 9 feet deep. Starting blocks at the deep end of the pool only. Tile overflow lip gutter, 3-inch non-turbulent racing lines with 15-meter markings, 30-inch aluminum starting blocks with backstroke grips located at the deep end only. The competition course has not been certified in accordance with 104.2.2[4]. A copy of such certification is on file with USA Swimming. Parking available, seating for 500 spectators. Snack bar will be open throughout the meet. Swim venue includes: Men's and Women's locker rooms with access onto the pool deck; Open pool deck areas available for swimmers, coaches, and officials only. The facility is accessible to adaptive swimmers.

RESTRICTIONS:

Tobacco products of any kind, alcoholic beverages and glass containers are not allowed in the swimming venue. No shaving. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms. Photography is not allowed behind the blocks during starts and relay exchanges. Deck changing is prohibited. Operations of a drone, or any other flying apparatus, are prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

TIMES: Meet Director reserves the right to change warm-up times as approved by Referee—all coaches will be informed of any changes to warm-up and competition times.

	<u>WARM UPS</u>	<u>COMPETITION</u>
Friday Afternoon	5:30 – 6:15 p.m.	6:30 p.m.
Saturday Morning	7:30 - 8:15 a.m.	8:30 a.m.
Saturday Afternoon	12:00 - 12:45 p.m.	1:00 p.m.
Sunday Morning	7:30 - 8:15 a.m.	8:30 a.m.
Sunday Afternoon	12:00 - 12:45 p.m.	1:00 p.m.

RULES: Current USA Swimming and Oregon Swimming, Inc. rules will govern this competition.

SAFETY: Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.

BULLPEN: A bullpen will be provided for morning sessions for the 8 and under events. All other swimmers will report directly to their assigned lanes.

AWARDS: Individual: 1st - 8th place ribbons
Relays: 1st - 3rd place ribbons

<u>MEETINGS:</u>	Friday Evening	Officials Meeting	5:45 p.m.
		Coaches Meeting	6:15 pm
	Saturday Morning	Officials Meeting	7:45 a.m.
		Coaches Meeting	8:15 a.m.
	Saturday Afternoon	Officials Meeting	12:15 p.m.
		Coaches Meeting	12:45 p.m.
	Sunday Morning	Officials Meeting	7:45 a.m.
	Sunday Afternoon	Officials Meeting	12:15 p.m.

MEET REFEREE: Jeff Miller jeffpam95@hotmail.com

MEET DIRECTOR: Tara Steward thestewardteam5@gmail.com

OFFICIALS: We always appreciate the help of certified officials from other clubs and a hospitality room will be provided for their refreshment. Without the proper number of officials volunteering their time, meets are subject to sanction ineligibility.

TIMERS: Each team will be given lane-timing assignments. Please designate a team representative to report to the head timer 30 minutes prior to the start of the meet.

CONCESSIONS: An assortment of refreshments will be available throughout the day on Friday, Saturday, and Sunday.

**PLEASE provide one check per team.
Sign and return this page.**

I have read the meet information and attest that all swimmers
entered hereon are registered with USA Swimming, Inc.

Coach/Team Representative	Date	Phone Number
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Coach e-mail address: _____

Please send entries to: Lori Janetsky
22550 SW 93rd Terrace
Tualatin, OR 97062
Lhjanetsky@gmail.com
503-704-8797

**COACHES: HY-TEK FILE FOR TEAM MANAGER IS AVAILABLE
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Session 1 Friday Evening December 8, 2017 (Running 6 lanes with 1 cool down lane)			
Girls	Age	Event Description	Boys
#1	OPEN	400Y IM	#2
#3	OPEN	500Y Free	#4

Session 2 Saturday Morning, December 9, 2017 (Running 8 lanes)			
Girls	Age	Event Description	Boys
#5	12&U	200Y Free Relay	#6
#7	12&U	50Y Back	#8
#9	8&U	25Y Breast	#10
#11	12&U	100Y Breast	#12
#13	12&U	50Y Free	#14
#15	8&U	25Y Fly	#16
#17	12&U	100Y Fly	#18
#19	12&U	100Y IM	#20
#21	12&U	200Y Free	#22

Session 3 Saturday Afternoon, December 9, 2017 (Running 6 lanes w/1 cool down lane)			
Girls	Age	Event Description	Boys
#23	13&O	200Y Free Relay	#24
#25	13&O	200Y Free	#26
#27	13&O	100Y Breast	#28
#29	13&O	200Y Back	#30
#31	13&O	100Y Free	#32
#33	13&O	200Y Fly	#34

Session 4 Sunday Morning December 10, 2017 (Running 8 lanes)			
Girls	Age	Event Description	Boys
#35	12&U	200Y Medley Relay	#36
#37	12&U	100Y Free	#38
#39	8&U	25Y Free	#40
#41	12&U	50Y Fly	#42
#43	12&U	100Y Back	#44
#45	8&U	25Y Back	#46
#47	12&U	50Y Breast	#48
#49	12&U	200Y IM	#50

Session 5 Sunday Afternoon December 10, 2017 (Running 6 lanes w/1 cool down lane)			
Girls	Age	Event Description	Boys
#51	13&O	200Y Medley Relay	#52
#53	13&O	100Y Fly	#54
#55	13&O	200Y Breast	#56
#57	13&O	50Y Free	#58
#59	13&O	100Y Back	#60
#61	13&O	200Y IM	#62
10 Minute Break			
#63	13&O	1650Y Free	#64