

Fall Chinook Open
ABC AGE GROUP/SENIOR COMPETITION
November 18-19, 2017

HELD UNDER THE SANCTION OF USA SWIMMING

Sanction No. 17-171

In granting this approval, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host/Sponsor: North Coast Swim Club

Location: Astoria Aquatic Center
1997 Marine Drive
Astoria, OR 97103
(503) 325-7027

Eligibility: Swimmers must be currently registered with USA Swimming. NO ON DECK REGISTRATION SHALL BE PERMITTED. Swimmers must be within the listed age brackets as of the first day of the meet.

Entry Deadline: Entries may be submitted starting **Monday, October 16, 2017 at Noon** and must be received by **5:00 PM Friday, November 3, 2017**. Late entries will be considered by the meet director on a case by case basis.

Entry Limit: Entries will be limited to the first 200 eligible swimmers. **Swimmers may enter a maximum of 6 individual events for the meet**, but may enter up to 4 individual events in one day. In addition, swimmers may enter 1 relay per day. All events are timed finals.

Entry Fees: \$15.00 Swimmer Surcharge (\$3 OSI Fee; \$ 12.00 Facility Use Fee)
\$ 2.50 Individual Event Fee
\$ 8.00 Relay Entry Fee

Entry fees must accompany master entry form.
Make checks payable to: **North Coast Swim Club (NCSC)**

Entry Address: NCSC
PO Box 1191
Astoria, Oregon 97103
ncsc-meetdirector@outlook.com

- Entries:**
1. Submit YARD TIMES only for seeding. Enter "NT" for no times.
 2. E-mail meet entries using a Hy-tek meet management software .zip file to the above address. Please attach a PDF of Hy-tek entries and an entry fee report.
 3. Complete the enclosed master entry forms using yard times for each event.
 4. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.
 5. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Check-in: All individual events are pre-seeded. No check-in is required.

No Coach Present: For unattached swimmers, or swimmers whose coach is not attending the meet, it is the swimmers responsibility to arrange for a certified coach to be responsible for the swimmer. This must be done **BEFORE** the swimmer may enter the water for warm-ups or competition. Please see the Meet Director or the Meet Referee if assistance is needed, upon arrival at the meet

Facility: Indoor, 25 yards x 7 ½ feet per lane x 6 lanes. Starting blocks at the deep end of the pool only (8 ft.) Shallow end is 3'6". The competition course has not been certified in accordance with 104.2.2C(4). Parking available in the Astoria Aquatic Center parking lot and on the streets above and beside the pool. **Please inform your team not to park in the theater parking lot adjacent to the pool – you will be towed.** There is seating for 150 spectators. Swim venue includes: Men's and Women's locker rooms with access onto the pool deck; Open pool deck areas available for swimmers, coaches and officials only. Facility is accessible to adaptive swimmers.

The Aquatic Center recreation pool is available for cool-downs.

Restrictions: TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES and GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. Use of audio or visual recording devices, including a cell phone, are not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks during the start of a race or relay exchange. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Times: Warm-ups: 8:30 – 9:00 am for 11 & O
9:00 – 9:30 am for 10 & U
Starts: 9:30 – 9:45 am Lanes 2 – 6 only
Timed Finals: 10:00 am

Rules: Current USA Swimming and Oregon Swimming Inc., rules will govern this meet.

Safety: Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.

Bull Pen: A bullpen will be provided for **all** swimmers.

Awards: Awards for each individual event; all event places determined separately (8 & Under, 9-10,11-12,13-14, 15 & Over).

Individual: Ribbons 1st – 6th
Relays: Ribbons 1st - 3rd

Heat winner tags will be awarded.

Meeting: Coaches' meeting will be held 15 minutes prior to the start of the meet.
Officials meeting will be held at 9:15 am (allow 30 minutes for the Officials meeting).

Meet Referee: Tom Ishii 503-769-1853 tbishii@wvi.com

Admin. Official: Betty Ishii

Meet Director: Glen Admire 503-298-9350 ncsc-meetdirector@outlook.com

Officials: We always appreciate the help of certified officials from other clubs.

➡ Please provide a list of **officials** who will be willing to help out during this meet to the Meet Referee and the Meet Director at the provided contact information above.

An official's hospitality room will be provided.

Timers: Each team will be given timing assignments. Please designate parent representatives to report to the Head Timer to sign up for shifts during the meet.

WARM-UP PROCEDURES

1. GENERAL WARM-UP
2. First 30 minutes 11 & over only, second 30 minutes 10 & under.
 - (a) NO DIVING or BACKSTROKE STARTS allowed from the blocks or edge of the pool. Swimmers must enter the pool feet first in a cautious manner, with at least one hand in contact with the pool or gutter.
 - (b) No sprinting (racing starts) allowed during general warm-ups.
3. SPECIFIC WARM-UPS (last 15 minutes)
 - (a) Racing Starts – Only lanes 2 – 6 for racing starts from the blocks or for backstroke starts at specific times.
 - (b) General Warm-up lanes – NO DIVING or BACKSTROKE STARTS. Circle swimming only.

Concessions: Concessions will be available both Saturday and Sunday for the duration of the meet.

Lodging:	Best Western Lincoln Inn (Astoria)	503-325-2205
	Comfort Inn & Suites (Astoria)	503-325-2000
	Hampton Inn (Astoria)	503-325-8888
	Holiday Inn Express (Astoria)	503-325-6222
	Shilo Inn (Warrenton)	503-861-2181
	KOA Campground (Hammond)	503-861-2606

NORTH COAST SWIM CLUB
Fall Chinook Open
November 19 & 20, 2017

Girls	EVENT	Boys
	SATURDAY	
1	12 & Under 200 Free Relay	2
3	Open 200 Free Relay	4
5	Open 100 Back	6
7	8 & Under 25 Free	8
9	12 & Under 50 Free	10
11	13 & Over 50 Free	12
13	Open 100 Breast	14
15	8 & Under 25 Fly	16
17	12 & Under 50 Fly	18
19	11 & Over 200 Fly	20
21	12 & Under 100 IM	22
23	Open 200 IM	24
25	11 & O 500 Free	26
	SUNDAY	
27	12 & Under 200 Medley Relay	28
29	Open 200 Medley Relay	30
31	Open 100 Free	32
33	8 & Under 25 Breast	34
35	12 & Under 50 Breast	36
37	11 & Over 200 Breast	38
39	Open 100 Butterfly	40
41	8 & Under 25 Back	42
43	12 & Under 50 Back	44
45	11 & Over 200 Back	46
47	12 & Under 200 Free	48
49	13 & Over 200 Free	50
51	11 & O 400 IM	52

**NORTH COAST SWIM CLUB
FALL CHINOOK OPEN
AGE GROUP/OPEN COMPETITION
MASTER ENTRY FORM**

CLUB NAME

CLUB CODE

TEAM NAME

COACH NAME

COACH PHONE

COACH EMAIL

CLUB ADDRESS

CLUB CONTACT

CONTACT PHONE

CLUB EMAIL

CERTIFICATION

I have read the meet information and attest that all swimmers entered hereon are registered with USA Swimming, Inc.

Coach/Team Representative

Date

INSTRUCTIONS

1. Please make copies of the Swimmer Entry form and number pages (as applicable)
2. Enter SHORT COURSE YARD TIMES ONLY

This meet is held under the sanction of USA Swimming, Inc. All entrants must be members of USA Swimming or have applicable FINA registration.

No late or on-deck registration will be allowed.