

15th Annual Jay Rowan Memorial Open

Redmond, Oregon

A/B/C SHORT COURSE (Meters)

JULY 6-8, 2018

HELD UNDER THE SANCTION OF USA SWIMMING, INC.

Sanction #: 18-066

In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Host: Redmond Aquatic Club Eels (RACE)

Location:

Cascade Swim Center located at 465 SW Rimrock Drive, Redmond, OR 97756, Telephone, (541) 548-7275. Directions: From Hwy 97 South of Redmond go North to Highland Avenue (also called Hwy 126 to Sisters). Turn Left on Highland Avenue and follow it West to Rimrock Way. Turn Right on Rimrock Way and you will find the Cascade Swim Center located just past the High School on the left.

Facility:

Indoor pool, 25 meters by 15 yards, 6 lanes, 2.5 meters per lane with Colorado Time System, pads & buttons. Starting blocks are on the deep end of the pool only where the depth is 10 feet. The shallow end is 3'6". The competition course has not been certified in accordance with 104.2.2(c)4. Normal deep end starts for all events. Ample parking is available in the adjacent Redmond High School parking lot including motor home parking. There is seating for 250 spectators. Breakfast and lunch concessions will be available.

Meet Referee: Reed Sloss risloss5@bendcable.com

Admin Official: Lynnette Konop

Meet Director: Gretchen Chadwick evedoc1996@bendbroadband.com

Eligibility:

Swimmers must be currently registered with US Swimming. NO ON DECK REGISTRATION SHALL BE PERMITTED.

Entries:

- Hy-Tek Meet Manager Software will be used for the meet. Please submit a Hy-Tek Commlink entry file (a. ".cl2" or cl2 archived in a .zip) to the email address listed below under *Entry Address/Contact*. A Hy-Tek Events file will be emailed to coaches and posted on the OSI website at least a month before the meet to facilitate the entry process. Entry times should be Short Course Meters (SCM) only. Short Course Yards (SCY) and Long Course Meters (LCM) qualifying times are to be entered using the SCM standard. For updates and/or 'adds' to a team's entries via email (prior to the entry deadline), please attach an updated Hy-Tek entry file.
- 2. With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.
- 3. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry Limit:

Swimmers may enter a maximum of 3 individual events on Saturday and 3 individual events on Sunday. On Friday each swimmer may enter 2 individual events. Entries will be strictly limited to meet the USA Swimming

4-hour rule. Total entries will be limited to the first 275 swimmers.

Entry Fees:

\$3.00 Individual event fee
\$10.00 Relay fee
\$3.00 Oregon Swimming surcharge per swimmer
\$6.00 Facilities charge plus \$1.00 for heat sheets* per swimmer
Please make checks payable to: Redmond Area Parks & Recreation Department (RAPRD)

*RACE is going GREEN. Entry fee will include a PDF version heat sheet to be emailed to the head coach for team distribution. Print or go GREEN too. Coaches will receive this email by 11am on the first day of competition. Paper copies will still be made available for coaches and officials.

Entry Deadline:

Email with attached Hy-Tek Entry File no later than Friday, June 29, 2017 by 6 PM to the following contact address: *Reed Sloss*, (541) 504-5240, <u>rjsloss5@bendcable.com</u>

No Coach Present:

Unattached swimmers or swimmers whose coach is not attending the meet must arrange for a certified coach to be responsible for the swimmer. <u>This must be done BEFORE the swimmer may enter the water for warm-ups or competition</u>. Please see the Meet Director or the Meet Referee for assistance if needed upon arrival at the meet.

Restrictions:

There will be NO TOBACCO PRODUCTS OF ANY KIND, NO ALCOLHOL, AND NO GLASS CONTAINERS allowed in the facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks during the start of a race or relay exchange. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Rules / Safety:

Current USA Swimming and Oregon Swimming, Inc. rules will govern this meet. Current USA Swimming and Oregon Swimming safety guidelines and warm-up procedures will be in effect and strictly enforced.

Scoring and Awards:

Individual events will be swum mixed gender with combined age groups for expedience. However, all Open and age-group events will be scored separately by age group (except for 200m and longer events where 8U and 9-10 groups will be combined). Ribbons will be awarded to 1^{st} thru 6^{th} in each event per age-group. Awards will be given for Individual High Point by age group (8 & Under, 9 - 10, 11 - 12, 13 - 14, 15 & Over), boys and girls. Team awards will also be distributed. Finally, the winner of the 3-Round 50 Freestyle event will receive an award. Points will be awarded for individual events as follows:

7-5-4-3-2-1

Non-scoring MIXED gender relays are also offered.

Hospitality: Refreshments will be provided for coaches and officials each day.

Meetings: An Officials meeting will be held 45 minutes prior to the start of each session. Coaches' meetings will be held 20 minutes prior to the start of each session.

Concessions: A wide variety of items will be available.

Lane Timers: Each team will be given lane timing assignments based on the number of swimmers.

FRIDAY (Session 1): Warm-ups – 5:00 PM; Timed Finals – 6:00 PM SATURDAY (Session 2): Warm-ups – 9:00 AM; Timed Finals – 10:30 AM SUNDAY (Session 3): Warm-ups – 7:30 AM; Timed Finals – 9:00 AM

FRIDAY, JULY 6, 2018 *** SESSION 1***

Warm-ups start at 5:00 pm. Timed finals start at 6:00 pm (All events are mixed boys and girls seeded by time)

Event #	Event
1	Open 400 meter Freestyle
2	Open 200 m Individual Medley
3	Open 1500 m Freestyle

SATURDAY, JULY 7, 2018 *** Session 2 ***

Warms-ups start at 9:00 am. Meet starts at 10:30 am. (All events are mixed boys and girls seeded by time)

Event #	Event
4A	Open 50 m Freestyle - ROUND 1 – Preliminaries
5 – minute break	
5	12 & Under 100 Individual Medley
6	Open 400 m Individual Medley
7	8 & Under 25 m Butterfly
8	Open 100 Butterfly
9	12 & Under 50 m Breaststroke
10	Open 200 m Breaststroke
11	Open 100 Backstroke
5 – minute break	
12	8 & Under 25 m Backstroke
4B	50 m Freestyle – ROUND 2 - Semifinals
13	12 & Under MIXED GENDER 200 Free Relay
14	Open MIXED GENDER 400 Free Relay

SUNDAY, JULY 8, 2018 *** Session 3 ***

Warm-ups start at 7:30 am. Meet starts at 9:00 am. (All events are mixed boys and girls seeded by time)

Event #	Event
4C	50 m Freestyle – ROUND 3 – Finals
5 – minute break	
15	8 & Under 25 m Freestyle
16	Open 200 m Freestyle
17	12 & Under 50 m Backstroke
18	Open 200 m Backstroke
19	12 & Under 50 m Butterfly
20	Open 200 m Butterfly
21	Open 100 m Freestyle
5 – minute break	
22	8 & Under 25 m Breaststroke
23	Open 100 m Breaststroke
24	12 & Under MIXED GENDER 200 Medley Relay
25	Open MIXED GENDER 400 Medley Relay
26	Open 800 m Freestyle