



**2018 HOOD RIVER SECURE STORAGE  
 SPRING SPRINTER INVITATIONAL  
 Saturday May 12<sup>th</sup>, 2018**

<b>SANCTION</b>	<b>Meet Sanction #18-067 (sprint session).</b> <i>Held under the sanction of USA Swimming, Inc.</i> In granting this sanction it is understood and agree that USA Swimming, Oregon Swimming, and The Hood River Valley Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.
<b>LOCATION</b>	Hood River Parks and Recreation Aquatic Center 1601 May Streets, Hood River, OR 97031
<b>FACILITY</b>	The indoor competition pool is 25 yards, 10 lanes, 8 feet per lane with flush-deck gutters and six-inch non-turbulent lane lines. The start end of the competition course is 7.0 feet deep; the turn end of the pool is 4 feet deep. A Colorado electronic timing system with touchpads, buttons, and manual backup system will be utilized. Facilities include men’s and women’s locker rooms and are accessible for swimmers with disabilities. The competition course has not been certified in accordance with 104.2.2C(4). The pool deck is open to all swimmers, coaches, officials, and spectators. There is on-deck bleacher seating for spectators on the north end of the pool. The therapy pool will be open for warm-up and warm-down swims ONLY. If safety becomes a concern, the therapy pool will be closed to all swimmers. Concessions will be available throughout the meet.
<b>FORMAT</b>	All individual events are timed finals swum slowest to fastest. Additional breaks may be added into the meet at the discretion of the referee to facilitate swimmer recovery.
<b>ELIGIBILITY</b>	This meet is open to all swimmers who are currently registered with USA Swimming from the invited teams. Unattached swimmers are welcome to attend. No on-deck registration will be permitted.
<b>MEET REFEREE</b>	Dan Rawding (509) 493-4679
<b>MEET DIRECTOR</b>	Lisa Sandoval <a href="mailto:HRVSTMeetDirector@gmail.com">HRVSTMeetDirector@gmail.com</a>
<b>OFFICIALS</b>	We always appreciate the assistance of certified officials and trainees from other clubs. Please email the names of your attending officials to the meet director. Hospitality will be provided for officials and coaches during the meet.
<b>RULES/SAFETY</b>	Current USA Swimming rules will govern this meet. Current Oregon Swimming Safety Guidelines & Warm-up Procedures will be in effect and strictly enforced. The age of the

	<p>swimmer will be his/her age as of May 12, 2018. All swimmers entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach in attendance must report to the Meet Director or Meet Referee who may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make these arrangements prior to the start of warm-ups.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement</p>
<b>RESTRICTIONS</b>	The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, rest rooms, locker rooms, or behind the blocks. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Deck changing is prohibited. Shaving is not permitted anywhere in the facility. Tobacco products of any kind, alcoholic beverages, and glass containers are not allowed in the venue.
<b>ENTRIES</b>	Entries must be received no later than <b>Wednesday May 2nd, 2018</b> . Hy-tek Meet Management Software will be used. Late entries will be accepted only on a lane available basis. Payment is required before the meet begins. Please enter using the swimmer's best short course yards time for each event or NT. 12&U swimmers must have a 10 year-old B time to enter Open events. 13&O in the Open events do not have to achieve a qualifying standard.
<b>ENTRY FEES</b>	<p>\$8.00 surcharge per swimmer which includes \$3 OSI Surcharge and \$5 facility surcharge \$3.00 individual event fee, \$8.00 relay entry fee</p> <p>Please make checks payable to the Hood River Valley Swim Team (HRVST). Forms and payment may be mailed to Hood River Valley Swim Team, 1603 May Street, Hood River, OR 97031. Please email zipped entry files to <a href="mailto:HRVSTMeetDirector@gmail.com">HRVSTMeetDirector@gmail.com</a>. Please address entry questions to Shelly Rawding via email (<a href="mailto:hrvst.coach@gmail.com">hrvst.coach@gmail.com</a>) or at (509) 637-4051.</p>
<b>ENTRY LIMIT</b>	Swimmers may enter a maximum of four (4) individual events in the sprint morning session and one (1) relay. Swimmers may enter one individual event in the afternoon session.
<b>SCHEDULE</b>	<p><b>Warmups- 8:00am Officials' Meeting- 8:15 Coaches Meeting- 8:45 Competition Begins- 9:00</b> Warmups for the afternoon session will immediately follow the conclusion of the morning sprint session. Competition will begin approximately twenty minutes after the Spring Sprinter has concluded.</p>
<b>LANE TIMING</b>	<p>Each team will be responsible for timing. Timing lanes will be assigned and listed in the heat sheet. Please assign a parent to coordinate timing coverage for your lane(s). <b>Swimmers in the 500yd and 1650yd freestyle events are responsible for providing their own timers and lap counter.</b></p>
<b>SCORING &amp; AWARDS</b>	Scoring will be done in accordance with USA Swimming guidelines. Ribbons will be awarded for first through tenth place in individual events and relays. All events will be swum as

	mixed 8&U or mixed Open events but scored according to gender and USA Swimming age groups.	
<b>PARKING</b>	Parking is available in the lots adjacent to the east of the pool, in the Middle School parking lot, and in the county yard across the street. Please do not block access to the Lifeflight helipad on the hill south of the pool and fire station.	
<b>CAMPING &amp; HOTELS</b>	<p>A list of hotels, campgrounds, and other available lodging is available from the Hood River County Chamber of Commerce <a href="http://www.hoodriver.org">www.hoodriver.org</a>. <b><i>Due to limited parking, no RVs will be allowed in the parking lot adjacent to the pool.</i></b></p> <p>A block of rooms has been reserved for this event at the Best Western Plus Hood River Inn until April 11<sup>th</sup>. For reservations please call the hotel directly at 1-800-828-7873 and identify yourself as a member of the Hood River Spring Sprinter Meet group.</p>	
<b>ORDER OF EVENTS</b>	<b>Event</b>	
	1	13&Over 200 yd IM
	2	12&Under 200 yd IM
	3	8&U 25 yd Freestyle
	4	12&U 50 yd Freestyle
	5	Open* 100 yd Freestyle
	6	8&U 25 yd Breaststroke
	7	12&U 50 yd Breaststroke
	8	Open* 100 yd Breaststroke
	9	8&U 25 yd Backstroke
	10	12&U 50 yd Backstroke
	11	Open* 100 yd Backstroke
	12	8&U 25 yd Butterfly
	13	12&U 50 yd Butterfly
	14	Open* 100 yd Butterfly
	15	8&U 100 yd Freestyle Relay
	16	12&U 200 yd Freestyle Relay
	17	Open* 200 yd Freestyle Relay
		<b>SESSION BREAK</b>
	18	Open* 500 yd Freestyle
	19	Open* 1650 yd Freestyle
<b>*Open events require no entry standard for 13 yrs &amp; older swimmers. 12 &amp; U swimmers who enter Open events must meet the 10yr old B time for their gender.</b>		